

## **Jorg Thonnissen** (*B. Psych., M. Psych.*) MAPS

Registered Psychologist

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### **To Whom It May Concern**

My name is Jorg Thonnissen and I am a Registered Psychologist with the Psychologists Board of Western Australia, as well as a member of the professional governing organisation, the Australian Psychological Society. I have both Bachelor of Psychology and Master of Applied Psychology qualifications, and I am also certified in the application of Hypnosis for therapeutic purposes.

I offer the following psychological services to clients:

- Psycho-education,
- Motivational Interviewing,
- Interpersonal Therapy, and
- Cognitive Behaviour Therapy, or CBT, which covers services such as:-
  - Behavioural interventions (i.e. behaviour modification, exposure techniques, activity scheduling);
  - Cognitive interventions (i.e. cognitive analysis, challenging and restructuring, self-instructional training, attention regulation);
  - Relaxation strategies (i.e. guided imagery, deep muscle and isometric relaxation, controlled breathing);
  - Skills training; and
  - Problem-solving skills training (i.e. anger management, stress management, communication training, social skills training, parent management training).

Any, or a combination, of these psychological services are effective treatment strategies for a number of recognised mental disorders, e.g.

- Bipolar disorder
- Phobic disorder
- Generalized anxiety disorder
- Adjustment disorder
- Unexplained somatic complaints
- Eating disorders
- Mental disorders, not otherwise specified
- Panic disorders
- Mixed anxiety and depression
- Sleep problems
- Hyperkinetic (attention deficit)
- Depression
- Obsessive Compulsive Disorder

Under the Allied Health and Dental Services Initiative, individuals who are referred by a General Practitioner, Psychiatrist or Paediatrician can receive rebates for up to the entire cost of their sessions with me. For psychological services to be provided within the guidelines of this initiative, the General Practitioner is required to prepare a two-page GP Mental Health Care Plan (GPMHC plan, MBS Item 2710) and, if necessary, coordinate Team Care Arrangements (MBS item 723). MBS item 723 is only required if there are more than 3 Allied Health Care Providers required for patient care. A General Practitioner is compensated financially for each GPMHC plan.

The Allied Health and Dental Services Initiative allows patients of General Practitioners to receive a rebate for the services that I offer as a psychologist for up to 12 individual or 12 group sessions per year, per patient. In exceptional circumstances, the referring medical practitioner may consider that the client may require an additional six sessions above that already provided (to a maximum total of 18 sessions per patient per calendar year). In these cases, a new referral should be provided with the exceptional circumstances noted in that referral.

Our current payment schedule with and without Medicare rebate for psychological services is as follows:

### Individuals

**Please note that our prices with Medicare rebate and without Medicare rebate (Full Fee) for focused psychological services provided at our Consulting Room for Individuals are as follows:**

TYPE	TERM OF PAYMENT	FULL FEE	MEDICARE REBATE	GAP
Initial Consultation (150min)	at end of session	<b>\$250.00</b>	<b>\$80.20</b> (item80110)	<b>\$169.80</b>
Standard Consultation (120min)	at end of session	<b>\$190.00</b>	<b>\$80.20</b> (item80110)	<b>\$109.80</b>
Standard Consultation (90min)	at end of session	<b>\$130.00</b>	<b>\$80.20</b> (item80110)	<b>\$49.80</b>

In addition to prices indicated above, services provided outside of the Consulting Room (i.e. home visitations) attract travel charges (see below):

TYPE	TERM OF PAYMENT	FEE
Travel to and from location	at end of session	<b>\$50</b> (within Perth area)

**Please note:** for services provided at other locations, higher Medicare rebates apply (i.e. \$100.65 per session based on MBS item 80115 for 50+ minutes consulting time). **In some cases, discounted fees may apply to clients who are experiencing financial hardship. The provision and applicable amount of such discounts are entirely at the discretion of the psychologist.**

### Groups

MBS item number	Service length	Full Fee	Medicare Rebate
80120	60 minutes minimum (6-10 people)	\$25.00 per group member	\$20.00 per group member

To access the scheduled rebate for psychological services provided under the Allied Health and Dental Services Initiative, the client will need to pay for the session with me (when that session is provided), they will then receive a receipt from me, which they will need to take to a Medicare office to receive the rebate. My Medicare Provider Number for Psychology is **4056441J**. Please note that in most instances the client will be liable for a GAP payment (the difference between our charges and the Medicare rebate) as our services are usually in excess of 70-80 minutes.

If you require any further information about the psychological services I offer, and/ or how they can assist patients referred to me under the Allied Health and Dental Services Initiative, please do not hesitate to use the contact details provided on the previous page to reach me.

Many thanks,

**Jorg Thonnissen** (B. Psych., M. Psych.) MAPS  
Registered Psychologist

**FOR YOUR INFORMATION:** Mental Health Care Plan 2710 **TEMPLATES** are available from the web, look under: <http://www.gpcoastal.com.au> and check section MENTAL HEALTH, Sample 1 and Sample 2.

<http://www.hypnoticimpact.com.au>